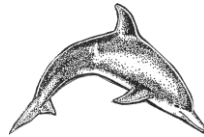


# ACTIVITIES NEWSLETTER

February 2012

ACTIVITIES DIRECTOR  
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[www.islablancaparkactivities.org](http://www.islablancaparkactivities.org)

PARK OFFICE – 761-5494    PARK POLICE – EMERGENCY 911- NON-EMERGENCY 761-5283

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<b>Weekly Schedule</b>						
9 am Sunday Worship	8:00 am Yoga 9:30 am Aerobics/Zumba  1:00 pm Crafts  7:00 pm Bingo	LINE DANCE 8:30 am Basic Steps 9 am (Beg) 10 am (Adv) 11 am Partner Dancing  1:30 pm Photo Class  6:30 Woodcarving BH 6:30 pm Euchre	8:00 am Yoga 9:30 am Aerobics/Zumba  1:00 pm Bridge  5:30 pm Potluck 7:00 pm Game night 6 to 8 Worship Service BH	LINE DANCE 8:30 am Basic Steps 9 am (Beg) 10 am (Adv) 11 am Partner Dancing 12 pm Couple (Beg) 1:30pm Euchre lessons  6:30 pm Euchre 7:00 pm Bingo	8:00 am Yoga 9:30 am Aerobics/Zumba  1:30 pm Jam Session  7 pm Game Night	<b>Entertainment</b>  7 pm  \$5 at Door
<b>OTHER EVENTS THIS MONTH</b>						
Please take note that, except for Bingo, Woodcarving & Wed. Worship, all the weekly Activities will take place in the Rec Hall						
			1	2	3	4
						<b>BISCUITS &amp; GRAVY + SAUSAGE + EGGS BREAKFAST 7:30-9:00 AM</b>  <i>Heart to Heart</i>
5	6	7	8	9	10	11
			<b>PARK MEETING 9 AM COFFEE &amp; DONUTS Bingo Hall</b>		<b>MED CHECK LAB 7:30 Bingo Hall</b>	<b>*CRAFT- RUMMAGE SALE 8:30 AM Bingo &amp; Rec HALLS</b>  <i>Susan Carmen</i>
12	13	14	15	16	17	18
			<b>COFFEE &amp; DONUTS 9:00-10:00 AM States &amp; Provinces A-M</b>			<b>PANCAKE BREAKFAST 7:30-9:00 AM</b>  <i>Starfire Family</i>
19	20	21	22	23	24	25
			<b>COFFEE &amp; DONUTS 9:00-10:00 AM States &amp; Provinces N-Z</b>		<b>Hamburger/ Cheeseburger Dinner 5:30 PM \$5 at the door BINGO HALL</b>  <b>Talent SHOW 6:30 PM</b>	<i>Jay &amp; Tammy</i>
26	27	28	29			

For the “special” events, please watch for postings in the office, activities’ hall, and bingo hall for details and/or sign-up sheets.

**\*The sign-up sheets for the Craft-Rummage Sale will be posted Feb. 1st**

# WELCOME BACK

The Dolphin Dove Activities Center includes two buildings – Bingo Hall and Rec Hall. Activities are scheduled in both as indicated. The Bingo hall is only open during scheduled activities. If you wish to schedule a private event, you will need to obtain permission from Joe Fortugno. The Rec Hall is open from 8 am to about 9 pm daily. All are welcome to make use of the facility. Please check for scheduled activities to avoid conflicts.

## ALUMINUM CANS

ALUMINUM CANS for recycling can be placed in the barrels provided either in the Bingo Hall or the Rec Hall. The cans are recycled by the Activities Club to defray some of the activity costs. Please DO NOT put plastic bags in the can barrels. If the cans are contaminated with other material, they will not take them. THANK YOU.

Port Isabel has a recycling station now. There are bins for paper, plastic, and cans. It is located at 110 Hickman, behind the police station.

**After cleaning fish put remains into the water for the birds and crabs  
NOT IN DUMPSTERS !!**

## WEEKLY SCHEDULED EVENTS

BINGO	Mondays and Thursdays at 7 PM in the Bingo Hall for <b>park residents</b> . Cost is 2.50 per package of 10 games. Lots of Winners. Come join us.
YOGA	Instructor: Vicki Jones. The focus is on proper nutrition and stretching for maintaining good flexibility.
AEROBICS/ZUMBA	Get fit at the park. This will be a “low impact” aerobics/zumba class taught by Lorena Jones, daughter-in-law of Vicki Jones, the Yoga teacher. She will make the class fit the needs of the students.
EUCHRE	Donate one dollar, and top winners share money.
BRIDGE	Same as Euchre.
LINE DANCE	Fun exercise for singles and couples.
WOOD CARVING	Friends get together in the Bingo Hall to share ideas, etc.
CRAFTS	Craft activities will be at 1 PM Mondays in the Activities Hall. A weekly notice will be posted in the Activities Hall window each week. The weekly notice will include information about the craft for that week, the supplies needed and the cost, if any.
PHOTO CLASS	"Take your best shot" for all levels. Bring your cameras and your questions. Instructor: Alfred Lanctot

Remember to check out the web site for pictures of activities, and check out the new posts. You're invited to submit your pictures to be put on the web site, too.

All the activities here in the park are run by volunteers. In the exercise classes (Yoga, aerobics, and line dance), a donation is recommended but not required, since these instructors are trained, and are volunteering their expertise for our benefit. If there is an activity you'd like seen added, please see me. Thanks to all the volunteers..... Dora